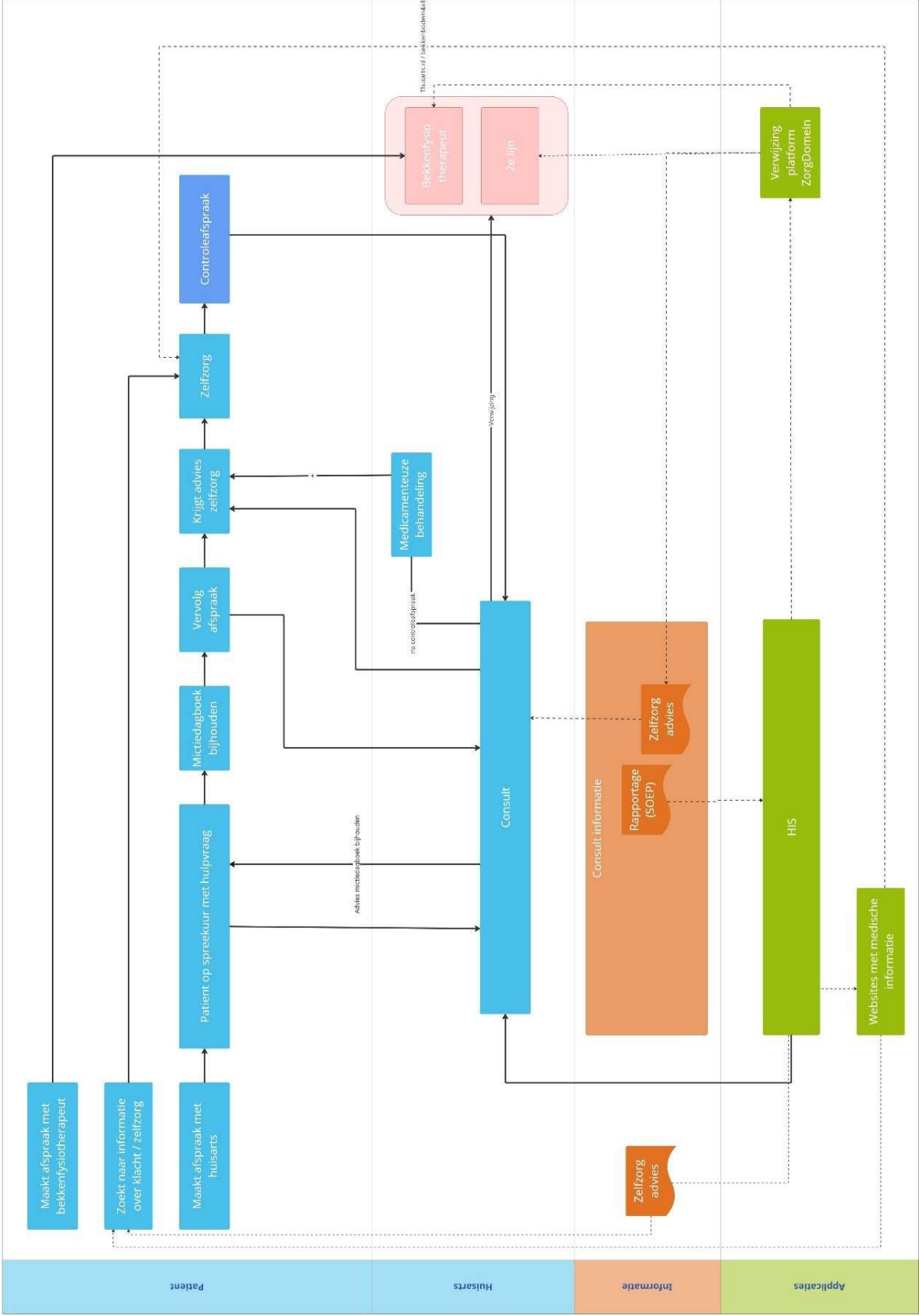


The diagram illustrates the patient journey for a pelvic physiotherapist, organized into four horizontal layers: Patient, Huisarts (General Practitioner), Informatie (Information), and Applicaties (Applications).

- Patient Layer (Blue):**
 - Maakt afspraak met bekkenfysiotherapeut (Makes appointment with pelvic physiotherapist)
 - Zoekt naar informatie over klacht / zelfzorg (Searches for information about the complaint / self-care)
 - Maakt afspraak met huisarts (Makes appointment with general practitioner)
- Huisarts Layer (Light Blue):**
 - Patent op spreekuur met hulpvraag (Patient on consultation with request for help)
 - Mictdagboek bijhouden (Keep voiding diary)
 - Vervolg afspraak (Follow-up appointment)
 - Krijgt advies zelfzorg (Get self-care advice)
 - Zelfzorg (Self-care)
 - Controloafspraak (Control appointment)
- Informatie Layer (Orange):**
 - Consult (Consultation)
 - Consult informatie (Consultation information)
 - Rapportage (SOEP) (Reportage (SOEP))
 - Zelfzorg advies (Self-care advice)
 - Zelfzorg advies (Self-care advice)
- Applicaties Layer (Green):**
 - HIS (Health Information System)
 - Websites met medische informatie (Websites with medical information)
 - Verwijzing platform ZorgDomein (Referral platform ZorgDomein)

Flow and Interactions:

- The patient journey starts with making an appointment with the physiotherapist and searching for information, then making an appointment with the general practitioner.
- The patient then attends the consultation with the general practitioner, where a voiding diary is kept and a follow-up appointment is scheduled.
- The general practitioner provides self-care advice, which is then implemented by the patient.
- The patient returns for a control appointment.
- The consultation process involves a consultation with the general practitioner, which is supported by a consultation app (Consult informatie) and a reportage (SOEP).
- The consultation app provides self-care advice, which is then implemented by the patient.
- The consultation app is integrated with the HIS (Health Information System) and websites with medical information.
- The consultation app is also connected to the Verwijzing platform ZorgDomein (Referral platform ZorgDomein).
- The consultation app is also connected to the Verwijzing platform ZorgDomein.



Digitale zelfzorg voor incontinentie in de toekomstige situatie (SOLL) - HAZ

